

# MAYOR OF LONDON

---



## **Fatmatta Boie -Ka mara**

### **Don't miss out on extra help**

*We're reminding older Londoners to claim the support they're entitled to. Fatmatta explains how Pension Credit helped her when she needed it ...*

I was already on the state pension when I went to Southwark Pensioners Centre. I talked to an advisor there who told me I was in a position to get Pension Credit. I didn't even know anything about it until I went to see her. She knew what she was talking about and helped me every step of the way. She educated me. Even when there was some delay with my NHS pension, she was there to back me up. I feel blessed to have had her help.

When you make a claim you need to have all these papers. For me, it was difficult to keep track of all the documents I needed. My advice is to keep all of your important papers in one place: your bank statement, any savings you may have, other pensions and benefits you're claiming ... You'll need all of this information with you to find out if you can make a claim.

# MAYOR OF LONDON

---

It has really helped me quite a lot now that I have Pension Credit as well as the NHS pension. I've just been to the dentist and for the first time I didn't have to pay. When you're just on the state pension you do have to pay. Now if I need help paying the bills I understand that Pension Credit can help. It really is something worth claiming if you qualify for it. If you think you might be entitled to it, I'd advise you to enquire at your local Age UK as soon as you can because it can only be backdated so far. It makes everything easier. Remember it's yours. You deserve it.

[Find your local Age UK](#)